





Thank you for changing lives!

mary's meals

You're doing something amazing! By providing a daily meal for every child in your chosen school, you're giving young people in one of Liberia's poorest communities the chance to gain a life-changing education.

Without your support, these children could be working in fields, selling on street corners, or even scavenging in the garbage just to survive.

Your generosity makes it possible for **1,667,067 children** in **18 countries** to enjoy Mary's Meals each day at school!

Thanks for giving so generously and choosing to sponsor an entire school. We're very excited to share this report about the difference your support is making!



About Mary's Meals



- We work with local communities to provide life-changing school meals in places where poverty and hunger prevent children from gaining an education.
- Mary's Meals began in 2002 when our founder, Magnus MacFarlane-Barrow, visited Malawi during a famine and met a mother dying from AIDS. When he asked her eldest son, Edward, what his dreams were in life, he replied simply: "To have enough food to eat and to go to school one day."
- Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.



About Mary's Meals



- We feed 1,667,067 children in 18 countries every school day!
- It's a simple idea that works! Research shows that children who eat Mary's Meals have more energy, feel healthier and happier, find it easier to concentrate and do better in school.
- We are committed to keeping costs low at least 93% of donations are spent on our charitable work.
- Without passionate, motivated volunteers, our work would not be possible.



About Mary's Meals

- Mary's Meals is owned and run by local communities.
- We provide food, training and equipment so that thousands of volunteers can cook and serve school meals for their children.
- Where possible, we buy food from local farmers and producers. This helps to support local economies and benefits the wider community.
- The promise of a daily meal in a place of learning encourages hungry children to come to school where they can gain a basic education that can provide an escape from poverty.



Mary's Meals in Liberia



Nearly two thirds of Liberians live in poverty and many of the most marginalised communities don't have electricity or running water.

Despite more than a decade of peace, the legacy of civil war still casts a shadow. Many of the schools destroyed during the fighting have yet to be rebuilt and more than 60% of children are missing out on an education.

The Ebola outbreak has also had a devastating impact. Many children lost family, and years of education, as schools closed to stop the disease from spreading.

Together, we're bringing life-changing school meals to more than **120,000 children** in Bomi, Bong, Grand Cape Mount, Gbarpolu, and Montserrado counties.



Grace's story

mary's meals

Thirteen-year-old Grace loves to score highly in the classroom and on the sports field!

For Grace, the food she receives from Mary's Meals in school gives her the energy she needs to study, play the games she loves, and to be happy, "When I eat I can feel more happy. In that time when Mary's Meals was not here, we used to be sad, with no playing because we didn't used to eat. When I'm hungry I can feel bad, my whole stomach can be hurting so I can't get the energies I need to study.

"When I eat, I can be happy and I score good grades. The food can give me energy, for me to play good. I play kickball on the school team, I'm a fast runner!

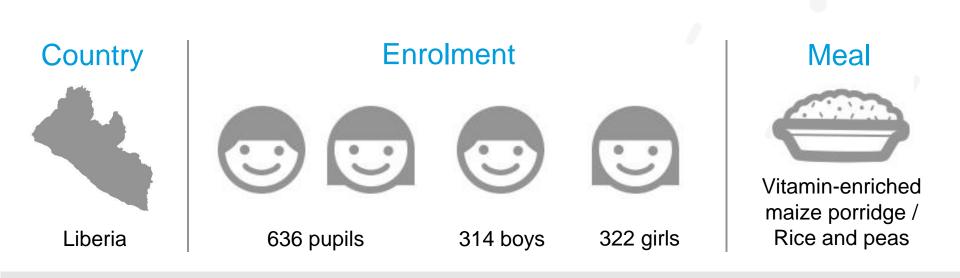
"The introduction of school meals means Grace has seen a difference in her classmates too. "Now Mary's Meals has come, [there are] plenty students in the school now and more girls are coming because Mary's Meals is here."





School Name: Mango Town Public School

Sponsored By: DM Pensions & Investment Solutions, Mary's Meals UK



Location of your school



About your school



Mango Town Public School now has 636 pupils enrolled, made up of 314 boys and 322 girls.

There are 11 permanent classrooms and the school's pupils are taught by a total of 11 qualified teachers.

The school's water source is a community hand pump and there are 10 rooms with flush toilets that are shared equally between boys and girls.

There is a community football field where the children can play during their breaks. There is also a garden growing cassava.





"I like English, it teaches me to speak well. I would like to be a Medical Doctor to save lives. Mary's Meals is good; it tastes nice and beans have lots of protein. If I have nothing to eat, I can't feel good."

– Susannah Kollie, Age 15, 5th Grade

"I like English, it helps me to speak well. I would like to be an Accountant to properly manage public assets. I feel good about Mary's Meals; because when we don't get lunch money from our parents, Mary's Meals is always there to provide a meal for us. The food gives me energy and rice and beans fill my stomach. If I have nothing to eat, I feel terrible."

– Jacob Banda, Age 18, 8th Grade

"We're cooking because of the love of the children; the food makes the students very happy to come to school."

- Bendu Kamara and Sarah Okai, Volunteer Cooks

"The food serves as an encouragement for the children to come to school every day and motivates them to pay attention to their lessons."

– Zinnah W. Flomo , Teacher

The sign at your school





School feeding is sponsored here thanks to generous donors of Mary's Meals UK. DM Pension & Investment Solutions Ltd. Work hard be kind, learn and grow.







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Bendu Kamara and Sarah Okai, Volunteer Cooks

























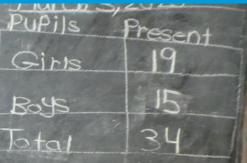






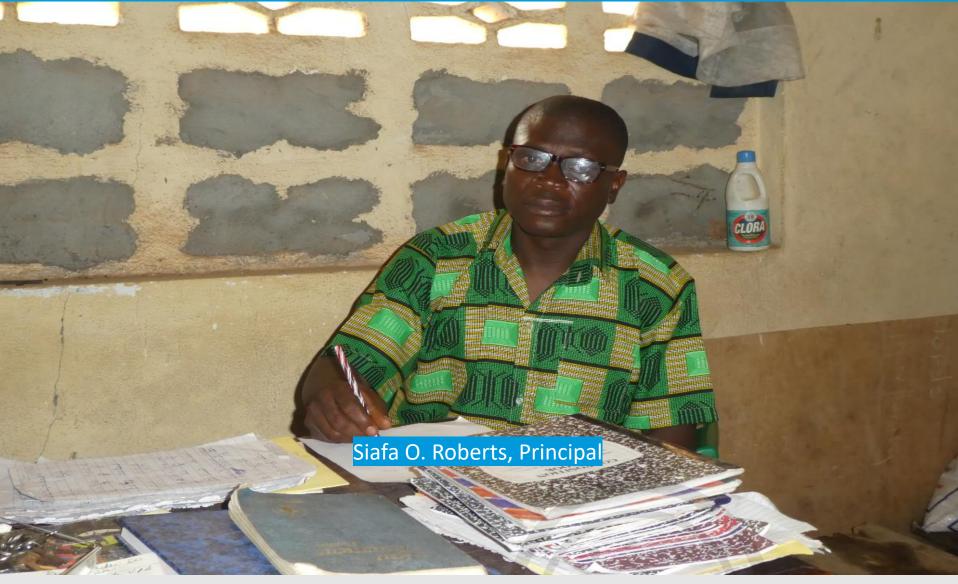












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Mango Town Public School Central Virginia Montserrado County Liberia

March 3, 2020

Dear Mary's Meal Sponsor: We write to give you a brief discription of our school and the impact your program have.

Our school is a community base institution sponsor by the Government of Liberia through the Ministry of Education. This institution was founded September 14, 2005. It is located in the heart of Central Virginia, Montserrado County. We are very much excited to inform you that this program has encouraged many of our children to be in school. It has also resulted to high enrolment in both the public and private schools. Congratulations

Signed: Siafa O. Roberts

Thank you so much!







a simple solution to world hunger

To find out more about Mary's Meals or to contact our team, please visit: marysmeals.org